

Dear Expectant Mom,

The Birthing Center staff at Community Memorial Hospital congratulates you on your pregnancy and welcomes you to our **Right From The Start Program**. This program starts with your first doctor's office visit and continues after the birth of your baby. Your doctor and Birthing Center staff work together to provide you with excellent, individualized care throughout your pregnancy and beyond. We are privileged to be part of this very special time in your life.

We, as Birthing Center Care Coordinators, manage the "Right From the Start" program. As Registered Nurses with many years of experience in OB nursing, we monitor all of the information sent in by you and your physician. We may contact you if we have information that may be helpful during this special time in your life.

IMPORTANT – FOR ALL MOTHERS-TO-BE:

FORMS

To prepare for your admission, and assist us in developing your individualized care plan, please complete the following forms as soon as possible and return them to the hospital in the enclosed postage-paid envelope.

- Birthing Center Pre-admission Reservation
- Your Requests for Personalized Care

NOTE: Send this form only if you have previously given birth. Those attending the "Childbirth and Newborn Care Series" will complete it during class.

These forms will assist us in simplifying your admission process and will provide important information for your Labor and Delivery nurse. If you do not have these forms, please call us.

Use the **Countdown to Parenting** as a guide for completing these forms and for class registration. We encourage you to sign up for classes early to ensure getting the date(s) of your choice.

PATIENT PRIVACY

Your privacy is important to us. By law, we must keep your private health information confidential and are required to follow the guidelines established by HIPAA (Health Insurance Portability and Accountability Act of 1996). To provide this privacy, your coach and visitors will be asked to step out of your room at certain times during your hospital stay. We thank you in advance for your understanding and cooperation.

We congratulate you on your pregnancy and remind you that we are here for you "right from the start" all the way through delivery of your baby and beyond. Warm wishes for a wonderful pregnancy and positive hospital experience.

Birthing Center Care Coordinators:
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