

COMMUNITY MEMORIAL HOSPITAL
Inpatient Rehabilitation

ANNUAL REPORT 2008





2008 HIGHLIGHTS

Achievements for the year 2008 on Community Memorial Hospital's Inpatient Rehabilitation Unit focused partially on successfully navigating under medicare's prospective payment system (PPS). We did this with good financial results.

- Ninety-six percent of patients who responded when surveyed would RECOMMEND Community Memorial Hospital's Inpatient Unit.
- Ninety-eight percent were SATISFIED with their pain management while they were a patient on the unit.
- Ninety-eight percent of patients felt they were treated with COMPASSION AND CARING while on the unit.
- Community Memorial Hospital, including the Rehabilitation Services departments, operates under an ETHICAL STANDARD (see back page).

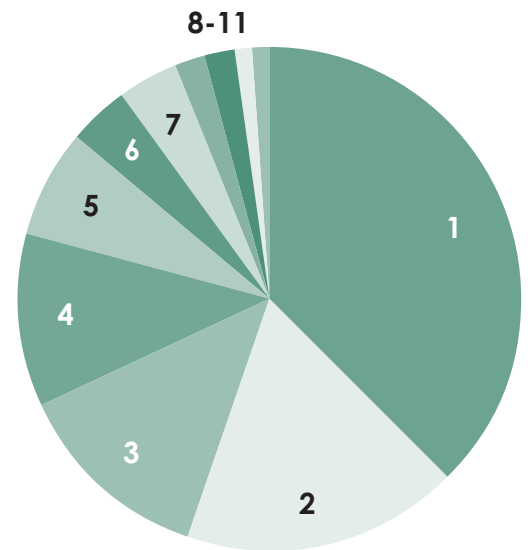
170 PATIENTS SERVED

Over a 12 month period (January 2008 through December 2008), 170 patients participated in the hospital's Inpatient Rehabilitation Program. Requirements for program admission include:

- Patients must need more than one type of therapy.
- Patients must be able to participate in a comprehensive rehabilitation program for three hours per day.
- Patients must have the potential to improve functional capabilities.
- Patients must need 24 hour availability of a rehabilitation physician and rehabilitation nurse.
- Patients must be 18 years of age or older.

CASE MIX

Community Memorial Hospital's Inpatient Rehabilitation mix of patients continues to be dominated by patients needing rehabilitation from stroke (38 percent), orthopaedic problems (18 percent) and neurological (13 percent). The patient population also includes those needing rehabilitation from spinal cord problems, medically complex problems, amputations, debility, brain injury, pain and arthritis. The graph below displays the complete mix of Inpatient Rehabilitation patients treated.



January 2008 – December 2008

1. Stroke	38 %
2. Orthopaedic	18 %
3. Neurological	13 %
4. Brain	11 %
5. Medically Complex	7 %
6. Spinal Cord	4 %
7. Amputee	4 %
8. Pulmonary	2 %
9. Cardiac	2 %
10. Debility	1 %
11. Other	1 %

LENGTH OF STAY

Patients are coming to rehab with more complex needs, therefore increasing their length of stay. The hospital's length of stay is five days longer than similar programs in the nation and six days longer than those in the region.

IMPROVEMENTS EXCEED REGIONAL AND NATIONAL AVERAGES

Functional Independence Measures (FIMs) are used to determine functional improvements, or increased independence. The staff rates patients at admission, discharge and follow-up in six areas with 18 subcategories. Each item is rated from little independence (1) to independence (7).

Overall functional improvements at discharge and the 90-day follow-up for Community Memorial Hospital inpatient rehabilitation patients exceeded regional and national averages in communication, locomotion, social cognition and continence. The percent of improvement for eating at the 90 day follow-up was lower because the patients were at a higher level of function at the time of discharge with minimal room for improvement.

Average improvements that Community Memorial inpatient rehabilitation patients made at discharge, compared with regional and national averages for similar programs, are in the chart below.

The hospital achieved these favorable outcomes treating patients two years older than as the national and regional averages.

Furthermore, patients were admitted to the program one day sooner after a debilitating event (onset to admission) than the regional average and two days sooner than the national average.

PATIENTS ARE DISCHARGED TO COMMUNITY LIVING

At discharge, most Inpatient Rehabilitation patients returned to living within the community, one of the primary goals for patients in any rehabilitation program, rather than to another facility.

Community Memorial's discharge-to-community data was 15 percent lower than both the regional and national averages.



FUNCTIONAL IMPROVEMENT PERCENTAGES CMH Compared to Region and Nation

Category	At Discharge		90 Day Follow Up	
	Regional	National	Regional	National
Self Care Skills	12 % higher	5 % higher	1 % higher	same
Continence Management	30 % higher	20 % higher	13 % higher	10 % higher
Mobility Skills	49 % higher	44 % higher	same	2 % higher
Locomotion Skills	17 % higher	13 % higher	12 % higher	10 % higher
Communication	9 % higher	7 % higher	5 % higher	5 % higher
Social Cognition	19 % higher	16 % higher	7 % higher	6 % higher
Eating Skills	6 % higher	3 % higher	3 % lower	3 % lower

* Numbers in the chart represent the amount above or below the regional and national averages. For example, CMH's Functional Improvement in the category of Self Care Skills was 12% better than the regional average at discharge. Percentages are rounded up to the next full percentage point.

MISSION STATEMENT

The Rehabilitation Services at Community Memorial Hospital exist to meet the comprehensive needs of patients/clients and families in Southeastern Wisconsin. The patient/client focus is in serving persons with activity and functional limitations related to developmental disorders, disease process, illness and/or injury. This is accomplished through a comprehensive inpatient rehabilitation program which strives to help patients live within the community at the highest level of function and independence. Inpatient Rehabilitation Services is committed to providing these services in a cost effective and efficient manner in order to benefit all stakeholders.

ETHICS STANDARD

All Community Memorial Hospital Rehabilitation programs and personnel are committed to preserving and respecting the dignity and uniqueness of all patients and clients regardless of their religious or economic status, personal attributes, payer sources or the nature of their health problems.

All personnel strive to deliver and continuously improve high-quality care while safeguarding the confidentiality of patients and patient information, using their own best judgment regarding treatment options in accordance with all applicable laws and regulations.

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A Commitment to Excellence: REHABILITATION NURSING

Rehabilitation nursing is a unique type of nursing, going beyond the traditional role of providing patient care. In addition to managing patients' daily medical needs, rehabilitation nurses encourage patients to be as independent as possible. The nurses teach patients how to manage areas of their lives that have changed because of disease or injury. Because rehabilitation nurses are with patients 24 hours a day, they're able to continuously inspire patients to reach personal goals.

Many studies show that having certified rehabilitation nurses in a facility significantly improves patient outcomes. To become certified, a nurse must pass a comprehensive test on different disease processes and techniques specific to rehabilitation patients. Every five years the nurse must take continuing education classes specific to rehabilitation and demonstrate that he or she is up-to-date in the field.

A recent study of 54 rehabilitation units and hospitals around the country showed that an average of 17 percent of rehabilitation nurses were certified. At Community Memorial Hospital, 31 percent of our rehabilitation nurses are certified, and we are committed to increasing that number to the benefit of our patients.



Community Memorial Hospital is proud to be accredited by the Commission on Accreditation of Rehabilitation Facilities for its Inpatient Rehabilitation Program. This accreditation recognizes that the program is excellent for rehabilitating patients from injury and illness.

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